

**Bombshell Tattoo, LLC DBA**  
**Bombshell Tattoo Removal**  
**Pre-Treatment**  
**Instructions and Recommendations**

The following recommendations will help assure the optimal safety, comfort and efficacy of your treatment:

1. TREATMENTS CANNOT BE PERFORMED ON AREAS WITH A SUNTAN OR SUNBURN! Avoid direct exposure to the sun, tanning beds or self-tanning products for 4 weeks prior to treatment. Use a high SPF sunblock on all areas to be treated at all times you are outdoors.
2. Discontinue use of any products or medications that may cause skin sensitivity—including Retin A, glycolic acids and antibiotics such as tetracycline, minocycline or doxycycline—for the two weeks prior to treatment.
3. Refrain from using makeup, deodorant or perfumes in the area being treated the day of the treatment.
4. Refrain from caffeine and spicy foods within 24 hours of your treatment.

*Please feel free to call our office if you have any other questions.  
We look forward to seeing you soon.*